**15. Dream Control**

Of all the most important exercises a Magician must master, dream control is perhaps on

the top of the list. Dream control is the intent that you will become aware when you are

dreaming and that you will actively engage in your own dream time and no longer just be

a passive witness to it. Imagine the Astral realm as the ocean. Dream is the sandy beach

and lucid dreaming is like walking barefoot in the tide. Lucid dreaming, for most, is the

most practical doorway into the astral world and second to that is the best way to

become aware of how much control you can have of the circumstances of your life and

how you can pursue the depth of the "rabbit hole" on purpose and with better information

retention.

Even if you don't have a lucid dream, dream control will make your recollection of your

dreams stronger and your experience more vivid and the symbolism even more

meaningful.

Lucid Dreaming takes you from out the of back seat and puts your behind the wheel of

your own life. Actively dreaming lets you rehearse all sorts of life situations and practice

skills, talents and circumstances in very real ways while programming these skills deeper

into your subconscious. This process also helps you see the REAL you and reveals your

deepest most intimate desires, wants, dreams and ambitions, which could seem scary if

not even guilty at first, but once you understand the nature and power behind these

realization, the fear and guilt fades and the strength that comes from truth, clarity and self

acceptance shines through.

I spent 6 months in a Dream Walker initiation process where I spent seven days in

complete solitude and isolation in the wilderness before bringing brought to a sweat lodge

at the end of the seventh day and then brought back to my camp spot and left to be alone

again... again this cycle went on for 6 months.

Some 15 miles away a friend of mine who went through this process with me was going

through the same experience; our mentor stayed in a hidden location and would drop off

food and some very basic supplies sometime in the dead of night and would lead us to

the sweat lodge and then back to our camp spots.

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Only on the end of every seven days did I see anyone. I was alone for all the other days.

Because my friend and I was not Native American, our mentor said we needed to

develop a ceremony that fit with our ancestral linage. We spend months in preparation reworking

the initiation Dream Walking story using European mythology and two

Shakespeare plays, the Tempest and A midsummer night's dream. The European version

fit amazingly well and I hope one day to perform this for others of European decent.

I basically lived inside a 6 month long ceremony, in the "in-between" where my awareness

of my "Dream body" was ALWAYS in the fore front of my mind.

There were NO cell phones, No News, NO distractions, NO idle gossip, NO internet,

e-mail, NO communication with anyone other than my mentor and friend at the end of

every seventh day and only then it was limited to dreaming and dream control.

After a few weeks I lost track of the days, time meant nothing and I became very

accustom to being alone with my thoughts, so much so, my thoughts sounded like voices

outside my head.

My camp site of very small, a had a small wooden shelter, a broom, a cot, blankets, a

knife, a club, a small caliber handgun, some ceremonial objects, very bland food, clean

water, a number of journals and pens and a few different change of clothes. That was it.

My camp with surrounded by a circle of stones that I was not to leave under any

circumstances. Because I was living within a ceremony and my dreaming body being

under so much awareness and observation, I was told that it would be very easy for less

than "friendly" influences to mess with it, and the circle of stones would hold me in

protection.

I spent my days in meditation, prayer, doing morning, noon, evening and midnight rituals,

doing daily automatic writings and journaling all my dreams, visions and visitations.

After about 4 months I began dreaming of my friend and finding him in my dreams very

easily and going on adventure with him. The first time in the sweat lodge when we passed

our dream journals to each other read word for word the exact same dreams and

adventures and things we had said each other was beyond surreal. It’s one thing to hear

about it, but another to realize that it’s not only possible but actually doing it, going back

to the mundane world as we understood it could never happen again. The understanding

that we are some much more then debt slaves for bankers and captives of corrupted

governments is liberation at its highest. To know that the majority of other people are

sleeping their lives aware in a manufactured reality based on fear and greed, a reality that

is meant to keep people sleeping with their eyes wide open and their dreams even more

bland and meaningless then their physical lives is a hard pill to swallow and the desire to

wake people up becomes stronger than ever.

Dream Walkers speak with Gods one on one and the King and priest become less and

less a necessity.

Towards the end of my Dream Walker initiation I began having regular visitations from

spirits, deities and even aliens and UFO encounters. I began suspecting that they are

actually pretty common and have the ability to move through subtle dimensions that our

physical sense are not acute enough to detect regularly.

My last night I awoke to thunder and explosions all around me. I crawled outside and

saw a herd of wild horses as big and wide as the ocean running directly towards me. I

knew if I left the circle I would break the initiation process so I stood straight and tall and

didn't blink as they looked like then would trample me into a mush.

Right as they reached the stones they dissipated into mist and when they had all but

disappeared a large figure walked into my circle of stones and I knew him as the Norse

God Frey, which I know him be his true name which I won't reveal here nor can I talk

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about what we discussed face to face, almost immediately after then and before the sun

rose, I was also vested by Oberon and Puck… also conversations that I have sworn to

keep secret.

Dream Control is based on a few major practices that are simple in application but must

be applied daily.

1. The journaling of your dreams. Leave nothing out, even if you find the content of the

dream unpleasant, shameful, or embarrassing. Dreams are powerful messages that need

to be heard and seen. A friend of mine dreamed he raped a girl. Nothing he would ever

do. However through mediation on the meaning he discovered he was forcing himself into

a situation that was delicate and vulnerable and without knowing it causing someone a

great deal of harm, in essence he was committing the feeling of “rape”, but he himself is

not a rapist.

Nothing worse than people who have absolutely no business examining dreams

interjecting their worthless and invalid opinions where they are neither needed nor helpful.

Keep your dreams to yourself; dream books with “meanings” are also for the most part

worthless.

In your dream NOT in past tense, but as if you are right there. So NOT I was in a blue

car and there was someone in the passenger seat, he wore a top hat. Write it like this; I

AM in a blue car there IS someone in the passenger seat, he IS wearing a top hat.

Also, as obvious as this should be, don’t add or make anything up, even to try and fill in

gaps between your dream recall. Many people do this and it ends up corrupting the

purity of the dream and twisting its intended meaning.

2. Dreaming seems to be a life in constant action; your dream body is always doing

something or engaged in some type of activity. When you fall asleep and find your

awareness transferred to your dream body, you are entering into a situation “already in

progress”. You find yourself in a bizarre situation, like an Asian themed city that is floating

and being held up by many different colored and gigantic hot air balloons. You instantly

think… wow how did I get here. You won’t be able to come up with an answer… your

dreaming.

Throughout your waking life ask yourself “how did I get here”? You don’t need to be

dogmatic about it, just as you remember to do it, do it. This is cuing you subconscious

mind to begin question where you are and how you got there and that will carry over into

your dreaming. The question will inevitably make your conscious mind do a back flip

onto its head when you can’t answer how you got to a certain location, thus proving that

you are in a dream.

3. Look for your hands in your dream. You go throughout your entire waking life looking

at your hands, opening milk, to reading a book, to typing on the computer. They are

almost always in view, so much so you actually don’t consciously notice them.

During your dreams you will almost always been engaged in some activity where you are

using your hands. Asking yourself “Am I dreaming?” every time you see your hands in

your waking life will again also plant the question in your subconscious mind and it will

become habit over time. Your subconscious mind with trigger the question while you are

dreaming and when you see you hands while dreaming, you will realize that you are

dreaming, and more than likely the lucid dream will begin.

4. You should also begin developing a personal sigil or symbol that only YOU know. This

sigil should be developed over a long period of introspection and looking for a symbol

that repeats throughout your life and that you see a number of times in your dreams. This

symbol will occur sporadically in your dreams and since no one else will know what it is,

you will know that you are dreaming, or that something “auspicious” is going on at the

very least.

When you become aware that you are indeed dreaming you MUST be calm. If you get

overly excited you will wake up. If this happens, its ok; you will have many other

chances. Again, dream control should be an organic process, don’t have expectations

other than that you will have lucid dreams, nothing else. Don’t beat yourself up over

anything; let it be as it is. There is a saying “The bird of paradise will only grace an open

hand”, this means you have to hold dream control gently, trying to force it will only make

it more and more unlikely that you will have lucid dreams and hurt not help your dream

control.

When you realize your dreaming stay still and allow the dream to come into better focus,

tell yourself to be calm and do your best to still your mind and “gently” move around.

At this point you are free you try and read books…. Yes…. You can read in dreams…

but it’s difficult. You can talk to individuals you meet, ask them anything you want, ask

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them to point you in the direction or introduce you to spirits and deities, sometimes you

will actually get to meet them, sometimes you won’t and you will have messages passed

to you.

Also there are sometimes objects that will be given to you, or they will be so fantastic that

you will pick them up and suddenly wake up into your physical life. These items are now

yours to use and many times you will find their manifested counter parts on the physical

plane.

Sometimes you will even get the chance to look at yourself or see your reflection in a

mirror, DO NOT be disturbed at what you see, take it with a grain of salt. Many times

your dream body will be misshapen, weak looking or grossly deformed. Sometimes you

will see strange looking instruments in or on you or that you have been injured. Feel free

to remove these strange devices from yourself immediately. They are either astral “junk”

or devices placed on you to make aspects of your life difficult and many health problems

result from these.

A friend of mine saw his dream body’s reflection and noticed he had a breathing mask on

and it attached to a solid looking brick, making it difficult to breath. He had suffered from

asthma all his life and thought it could be a part of it. He tore off the device and over the

next couple weeks his exercise induced asthma went away.

Sometimes even more disturbing are living beings or “leeches” on your dream body. I

actually had one of these. I realized I was dreaming and found myself lying in bed. I felt

the pressure on my back when I used to have a pet cat and he would sleep on me, but at

this point in my life I didn’t have a cat. I turned my head and saw what looked like a

cross between a baby and a very incetiod looking creature. It said some of the foulest

things I have ever heard anything or anyone say. Now I had been warned about these

“parasites” and they will do and say anything to keep you as a convenient “meal” over a

long period of time. I waited for it to stop- talking and then laughed at it and said a few

choice words to sit back and proceeded to rip it off my back and dissect it with my

astral/magickal sword… a somewhat satisfying experience.

If you find yourself wound, rub the wound and tell your dream body to heal and it will. A

Member of the order found herself with a huge bloody hole were her pregnant belly was

and screamed out for a divine doctor to come heal her and the arch angel Raphael

appeared and healed all her wounds and gave her some metallic/golden looking medicine

to drink and said her and her baby would be healed now.

In your lucid dreams you can do all of the above and more.

Do you see how liberating and empowering dream control is? Do you see why group like

the Illuminati and the Reptilian agenda don’t want you to know that is exists, they don’t

want you to have contact with powerful earth based deities that REALLY DO CARE

about you and are not manipulated and corrupted entities of Christianity that you need a

twisted and brainwashed priest to act as a middle man.

They want you watching TV and being afraid of the terror and boogey men THEY dream

up, they want you to focus on paying taxes and buying worthless shit you don’t need to

keep them living the “good” life and keep you a debt slave.

They don’t want you painting the picture you saw in a dream or composing beautiful

music or practicing fire magick you learned in a dream or building fantastic inventions that

benefit all of humanity, etc.

These crusty snaky fucks are masters of dream control and want it all for themselves…

It’s tame to take your dream time back and dream the life you want and truly reach for

the stars… the only limitations you have are the limitations you agree too….

Here are SOME things I have done while lucid dreaming that defies what “experts” have

claimed is impossible.

• Watch TV, some of the BEST programs I have ever seen I watched in a lucid dream.

• Get on the internet and checked e-mail. The CIA run Google isn’t on the lucid dream

internet (fucking bastards) so you can look up anything you want… this is the new

“Akashic Records”, and I checked my e-mail and had a message from the Voudu loa

Baron Samedi, the contents I will keep secret of course.

• Met Thor many times.

• Met Odin.

• Met Zeus.

• Met The Dagdha.

• Had a message delivered to me from priestess of Hera…FROM Hera.

• Fought and killed may Greys and Reptilians.

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Posted by Uncle Bear Heart at 5:29 PM No comments:

Labels: Aliens, Alpha Draconis, Annunaki, Astral projection, Automatic Writing, Black

Sun, draco, G.O.O.D.S, Horned one, Illuminati, Magick, Nephilim, Paganism, Reptilian,

UFOs, Wicca

• Watched Tiamat get her ass kicked by Marduk.

• Killed a huge giant with Thor’s hammer Mjilnor.

• Listened to the most beautiful and haunting music I have ever heard by an orchestra of

fairies.

• Taught Judo and Catch Wrestling holds by a long dead and famous wrestler/fighter

(This is called a transmission).

• Was taught a method of art by the Voudu Loa Ogoun Domenaye.

• Was lead into a Voudo house by the Voudu Loa Ogoun Fe

• Rode a bicycle with the God Mercury.

• Was healed by a North American shaman who gave me bitter tasting medicine.

• Wrote a love poem to BEAUTIFUL water elemental and remembered it in my waking

life and it won a number of awards and even a cash prize.

• Made love to many, many, many spirits, nymphs and a few goddesses.

• Learned shape shifting From Odin and from Frey.

• Protected an astral sabbat of pagans from a group of reptilians dressed as catholic

priests wearing the cloths of and wielding the club of The Dagdha.

• Read from an astral grimmore and learned a number of sigils and summoning that are

written in no other book except mine.

• Traced Norse runes into my body.

• Found a number of crystal skulls, some human… some not. Had one placed inside my

own head.

• The arch angel Michael blessed my astral/magickal sword as did Thor and taught me a

powerful fire ritual for purification and protection.

• Ate red and blue cookies baked in a car engine and told a small Haitian child about the

mysteries of Ogoun.

• Ate an entire deck of Tarot cards and now I do numerous readings for many different

people and get a nice little sum of money for being extremely accurate in my readings.