**85. A message of caution form Buer of the 72 spirits of the Ars Goetia, and a potion recipe.**

**03/27/14--23:16:**

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A channeled message from Buer....  
 *“They will wait till the end of winter, when all are wearily, weakened, and ready for the sun. They will bring back the cold, the snow, and darken the skies right when the spring is meant to be sprung. Those weak, weary and ready for warmth, will once more face the frost, and with the cold will come the release of a timely new influenza… and it will hit them unaware and unprepared… defenseless”*  
  
I am not an alarmist, or a doom-sayer. The message above came as a warning of what is a strong possibility and what has/is a very real potential that is being discussed within Illuminati circles. They want people sick, and a flu strain introduced that will justify vaccinations which will serve to make people sicker, sterilize them and piggy-back genetically modified DNA into their DNA strand to re-make them into something “other” then a happy, health human beings. The bio-tech and weather modification tech exists to do just this.  
  
Buer served up a potion for me that he believes can serve to fight the effects of this or any other cold or flu.  
  
I of course cannot prescribe you to do anything, but I can share what I myself will be doing for me.  
  
Into an 8 ounce jar, or bottle I place:  
  
1. Four (4) lightly bruised cloves of garlic.  
2. Three (3) slightly crushed spicy DRIED red chilies.  
3. One (1) heaping spoonful of cinnamon.  
4. One (1) heaping spoonful of DRIED rosemary.  
5. One (1) heaping spoonful of powdered sage.  
  
Over all this I pour over 7-8 ounces of honey. Then I close the lid to the jar, or bottle tightly.  
  
I set the jar, or bottle in a warm dark place for two (2) weeks.  
  
  
When I begin to feel sick, run down, or low on energy I take one (1) large spoonful of the herbal infused honey. I place the honey laden spoon into a cup. I squeeze the juice of half a lemon into the cup, and over that pour boiling water. With the spoon I stir the mixture while chanting Buer’s name at least nine (9) times.  
  
I drink slowly.  
  
I drink twice a day until I begin to feel better.  
  
You of course should only do what your own conscious dictates.  
  
-Uncle Bearheart