**10. True Path Working & Seasonal Equaliberum**

With the major protection rites of the G.O.O.D.S now made public and sealed in the

name of who, that is most high and under the protection of the spiritual patrons of the

G.O.O.D.S, thereby making them effective ONLY for a heart who is looking to become

a member of the G.O.O.D.S and who opposes the Illuminati/Reptilian slime, we can now

assume you are receiving spiritual protection and are keeping your sphere of influence

free from "unwanted" and evil influences and entities.

Now it is time for you to begin "path working" and gaining deeper insight through "holy

communion" and balancing out your base elemental energies and personality traits through

a very powerful method of "Seasonal Equilibrium".

Much has been written about Path Working, and like Astral Projection, much has been

written and much of that is complete and utter bullshit. Whether this done by writers to

intentionally confuse and or, equally by lying hacks who have absolutely no experience at

all (follow books with the "crescent moon" to find writers and a publishing company who

are the biggest contributors to new-age horse shit and without question an Illuminati front

company.)

The biggest thing to remember is that you exist on ALL levels of experience and

awareness. Bare that is mind... always.

Path Working is a simple practice and a powerful one at that. There are "some" dangers

and I will cover them.

Path Working is really a process of "putting" yourself is a symbol, or picture and

experiencing the power of the image or picture directly, allowing it to speak to

you...directly, rather than just letting someone else tell you what it means you can "go see"

for yourself.

The Rider-Waite Tarot card deck is absolutely sublime for Path Working. The dangers

come when you are path working with pictures that you don't know what going in the

picture, or pictures that have captured crime scenes, ghosts or criminals. I have a close

ally and friend who is a very skilled and experienced Path Working. He was consulted to

Path Work into a picture that depicted a crime scene with a "ritual" look to it. He

experience was seriously disturbing and he was able to glean a lot of valuable information

of his experience, but the cost was the week of nightmares that followed and that his

astral body was seemingly stuck in that same Path Working location for a very long time.

The Rider-Waite Tarot deck is a complete and very well developed picture with correct

Cabalistic symbolism. They are completely safe and very profound. The Aliester Crowley

deck is symbolically correct in regards to the Black Tree/Qillopth and is rife with Aliester

Crowley’s delusions, pedophilic desires, black magick, Illuminati connections and the

many evil/vamparic spirits who rules that shit bag's broken and feeble mind. In other

words, to use the Crowley deck is a step into depravity that you will be tainted with for a

long time to come.

To practice Path Working it's vital to have a pen and paper next to you, I would suggest

that you get a journal that you solely use of Path Working as this will trigger your mind to

enter into the correct frame work to make it easier and more profound each time.

Begin by establishing your sphere of Influence, asking the Prime Creator to heal,

strengthen and repair your sphere and be with you, allow your spiritual armor to appear

and if you want perform the "knights of the round" rite.

I usually assume the "resting knight pose" (see the 4 of swords Rider-Waite card) and

hold the picture, in most cases a Rider-Waite Tarot card in front of my eyes and relax my

gaze. I let my eyes "soak" in the card image…but very softly, there is a powerful occult

adage "The bird of paradise graces only an open hand". This means that images in the

mind stay longer when you hold them gently and not strangle them through straining to

keep the image.

After I have a comfortable idea of the image, I lower the card and place it on my chest

and gently close my eyes and ALLOW the image of the card to surround me, effectively

becoming aware of the part of me that is ALREADY within the image.

From there I ALLOW the image to interact with me. I will look around, I will engage the

individuals in the image in conversation and I will engage in the activities in the card, but I

let the image or card speak to me and direct the experience… DO NOT try and control

the situation, especially in the Rider-Waite deck, allow the card to teach YOU.

Do not Path Work for longer than 15 minutes. After 15 minutes you will begin projecting

yourself into the image and at that point any value to be gained is lost.

ALLOW yourself to gently return to your physical consciousness and immediately begin

journaling your experience. Write down EVERYTHING, I can't tell you how many times

things have given me bizarre sounding names or symbols or stories that made no sense,

only latter to see the name given to me as the last name of an author whose book I

happen to walk by at the library the next day and find exactly the information I was

looking for... etc. So…write EVERYTHING down.

Now that you know how to Path Work you should begin practicing with a type of

"Seasonal Equilibrium" practice.

"Seasonal Equilibrium" is a powerful way of enhancing and balancing out your base

elemental energies while gaining valuable insight through direct Holy Communion with the

four Knights of the Round. Holy Communion is a serious practice and more about it is to

follow but this will prepare you for that and add in your skills and self mastery of your

base elemental energies and empower your astral body and your own personal magickal

practices.

Seasonally the break down is this.

Spring (March, April, May) Knight of Swords (East/Air) balanced with Knight of

Pentacles (North/Earth)

Summer (June, July, and August) Knight of Wands (South/Fire) balanced with Knight of

Cups (West/Water)

Autumn (September, October, and November) Knight of Cups (West/Water) balanced

with Knight of Wands (South/Fire)

Winter (December, January, and February) Knight of Pentacles (North/Earth) balanced

with Knight of Swords (East/Air).

For example, it’s the month of June. I am developing my base elemental energy of fire

under the guidance of the Knight of Wands. His fiery nature, demeanor and knowledge

take my base elemental energy of fire to a new level. He is teaching me how to more

effectively use my passion, anger, rage, lust, violence and generative bodily functions,

sexual prowess and heat through physical exercise as a form of purification and

transformation. All this can be applied magickaly/astraly for ceremonies and rituals and

for my personal life in general. This knight also introduces me to elemental spirits of fire or

"salamanders" who are very knowledgeable in particular aspects of the elemental force of

fire.

These knights are fully immersed in their elements; they can exist in their element without

worry of becoming unbalanced. We however cannot and it is vital we do not become

unbalanced.

In working with the Knight of Wands I will at least once a week Path Work with the

Knight of Cups so that his watery nature can help "cool" all that fiery energy. Mostly

while working with the "balancing" Knight, it will be just being in their presence, on some

occasions they will teach you something about their element or introduce you to elements

of their particular element, but this is rare. They will do this during their seasonal time. The

time spent with them is to counter act the abundance of raw elemental energy received

from the other knights.

Elemental beings of the Elements are;

Air-Sylphs

Fire-Salamanders

Water-Undines

Earth-Gnomes

I will make a full release of what each element is most concerned with in a upcoming

blog, but for now here is a quick summery of what to expect from each Knight.

Knight of the East; He is quick is his movements and speech. He is very tall and very thin;

his body is very muscular, like steel cables. He is very analytical, very logic based

demands that you practice your speech craft, your writing and your ability to visualize. He

will give you exercises to do this. He will give you breathing exercises, and tell you to find

activities that involve developing your focus and spatial relationships, such as archery,

knife throwing and darts, he may even ask you to get into fencing or some other sort of

sword play, like Kendo, etc. He may ask you to mentally map rooms with your mind and

teach you practices like remote viewing. He will also begin teaching you astral projection

and how to call an astral horse. He will show you how to overcome mental conditioning

and how your thoughts liberate you or enslave you and how to guard your mind from

Illuminati/Reptilian influences. Signs that you have become imbalanced are quickly

changing thoughts, inability to put thought into action, being flighty, unrealistic, and begin

all start and no finish, rapidly switching from one unfinished task to the next.

Knight of the South; He is very aggressive, and is restless and always seems somewhat

angry. He average height but stout like an old time boxer and or wrestler, very athletic

and looks very hard/tough. He is very passionate, things seem to consume him and fuel

his drive. His voice is forceful, authorities and demanding. He will encourage you to

perform calisthenics and exercise routines. He will challenge you to get into boxing and or

wrestling.... even MMA. He will teach you that the healthier and stronger your physical

body the stronger and more powerful spirit can reside there. He will teach you that there

is nothing wrong with feeling anger, being aggressive, sexual, passionate about your

beliefs, strong willed and determined, it what you do with all that, that matters. He will

teach you your sexual power is one of the most powerful forces in the universe. He will

teach you to have a strong sense of right and wrong. He will show you special exercises

for increasing your life force and developing a personal sense of self and thereby a

powerful and forceful will that commands instant authority in the astral world. Signs that

you have become imbalanced are a quick and sudden temper, uncontrolled anger,

excessive sexual activity, being a bully and inability to sleep or relax.

Knight of the West; He is seems aloof, uncaring, and cold. While that might be true, he is

also serene, very calm and calculating. He is very large, tall and a little pot bellied but with

big muscular arms, neck and legs. His eyes are deep and reflect a giant ocean and clouds

that span out of an eternity. He speaks in a sleepy voice that is low and echoes. Many

people find him unnerving mostly because of all that he represents. He is the beauty and

depth of the ocean and at the same time the terror of the deep, the fear of being lost at

sea during a storm and the emotionless almost mechanical actions behind a great white

shark attack. He is forever dethatched emotionally but asks and gives you methods to

fully embrace your emotions and feels. He teaches you how to explore your

subconscious your "inner sea" he will encourage you to explore your dark side without

becoming submerged in it. He will begin teaching you dream control and use your dreams

for prophetic purposes and introduce you to scrying and introduce you to magic mirrors.

He also teach you how to keep your emotions and feelings in check and give you a

method to actually watch yourself and observe your actions in a non judgmental way, and

a method of bio-location. He will also teach you the practice of purification. Signs that

you have become imbalanced are excessive day dreaming, sleepiness, depression,

melancholy and apathy.

The Knight of the North; He is absolutely stoic and NEVER speaks. He will

communicate to you with a form of telepathy, words, images and symbols, but never a

discernable voice. He appears as a gigantic stony statue of various rocks, gems and

metals. He seems to have field of magnetic energy that is "just" visible always surrounding

him. He is kind and seems to truly care about you. He seems nurturing and will teach you

methods of self healing and regeneration. He teaches the action of non-action. He is very

into meditation and will teach you how to very effectively ground yourself and manifest

your dreams and teach you to increase your personal magnetism through the law of

attraction and quicken the process of manifesting astral actions into physical reality. This

knight will also encourage you to get a lot of sleep (the body only REALLY heals during

sleep) and will teach you to begin developing telepathic abilities. He will also teach you

how to really get in touch with your physical body and will encourage you to get into

yoga and hold static postures for health and meditation. He will also encourage you to sit

and breath and clear your mind on a regular basis to control your actions and not to do

anything overly rash or impulsive. Signs that you are imbalanced are laziness, excessive

inaction, overly stubborn, afraid of change; life becomes stagnant and trapped in a rut.

These are merely brief descriptions of what to expect.

Because this is a form of Holy Communion, each time you Path Work into one of the

Knight's cards from the Rider-Waite Deck, call to the "wind" of that direction as the

Knight comes into view, this will help purify the area and strength the communication

between you both. There is a deeper mystery here and one that will be revealed at some

point, but not now. Just know that it blesses and strengthens the experience and aids you

in remembering the experience which you should right down immediately after.

East Wind’s name is “Erus who is sweet and kind”.

South Wind’s name is “Auster who is cheerful and brave”.

West Wind’s name is “Zephyrus who is bold and wise”.

North Wind’s name is “Boreas who is ancient and strong”.

The process looks like this:

1. Feel your sphere of Influence around you.

2. Ask the Prime Creator to heal, strengthen and mend your sphere and bath you in it’s

light.

3. Formulate your spiritual armor around you.

4. Perform the “Knights of the Round” protection rite.

5. Find the Rider-Waite Tarot Knight card that relates to the season and month you are

in.

6. Assume the “Sleeping Knight pose”.

7. Gaze softly at the card and let your eyes gently soak the image in.

8. When you are ready place the card on your chest and allow the images to appear

around you.

9. Salute the Knight and greet the Wind of that direction by saying its full name and to

carry the words spoken between you and the knight to every kind and well wishing ear in

their realm.

10. Allow the Knight to interact with you, hold nothing back, and explain your situation,

your fears, your hopes, your dreams, and your concerns. They will help.

11. Gently allow yourself to become aware of your physical body.

12. Write down the experience.

Perform this Seasonal Equilibrium/Holy Communion 2-3 times a week. With the

Balancing energy Knights only once a week is needed.

This is a powerful method and one that will directly teach you how to battle the

Illuminati/Reptilian influences and defend yourself from then on the astral/magickal realms

as well as ask assistance in your everyday life and even seemingly mundane situations.

-G.O.O.D.S